YOUR ULTIMATE GUIDE TO PARENTING IN STYLE SCHOOLS GUIDE inside this issue **HEALTH HEROES** Easy ways to SPRING 2020 • £4.40 boost your child's immune system STORAGE SAVIOURS Smart solutions for your child's bedroom daddy cool **Chris** Hemsworth WIN! on family life by the sea A FAMILY BARBADOS **ONES TO WATCH** Favourite mini Making fashion brands 2020 bucket list CYCLING IN THE CITY WITH KIDS Ultimate family destinations ENCOURAGING KINDNESS IN THE PLAYGROUND AND BEYOND THE BEST **FAMILY EVENTS** IN THE CAPITAL

THE WANDER LIST

FROM CITY BREAKS TO SEASIDE SPOTS AND EVERYTHING IN BETWEEN, **NATALIE KEELER** SEEKS OUT THE TOP FAMILY TRAVEL DESTINATIONS TO HAVE ON YOUR RADAR

JAMAICA

With crystalline shores and white-sand beaches – not to mention a wealth of kid-friendly resorts – it's little surprise that this Caribbean nation was crowned World Family Destination at the 2019 World Travel Awards. Top attractions include AquaSol Theme Park's water rides and Turtle River Falls and Gardens' exotic biospheres, while adventure-seekers have the chance to zipline across a tropical rainforest at Mystic Mountain. Toddler in tow? Spend an afternoon at Cool Runnings Water Park, where there's a brilliant play area for little ones.

STAY: Named the Leading All-Inclusive Family Resort at the 2020 World Travel Awards, Beaches Negril has it all. From buffet-style dining to pirate-themed swimming pools, kids will be in paradise. beaches.com

COPENHAGEN

Kids will revel in the Danish capital's choice of 125 child-friendly attractions, from the all-new, interactive Museum of Copenhagen and Experimentarium's hands-on science to Tivoli Gardens' thrilling rides, before feasting on Østerberg's delicious ice cream. Under-12s travel free on public transport, but with a Copenhagen Card (copenhagencard.com), you'll also gain free admission to more than 80 sights. Winner!

STAY: Relaxed yet refined, the boutique-style Hotel Sanders offers its mini guests welcome gifts upon arrival, plus bedtime milk and cookies. Connecting rooms and extra beds are available, too. **hotelsanders.com**



Newquay's Sands Resort cliffside panoramas across the north (ornwall coastline are unrivalled

CORNWALL

Tourist numbers are set to rocket in the south-west this summer – at least according to Visit Cornwall, which speculated at the 2020 Tourism Summit that fewer families will be travelling overseas due to climate change. With a coastline that spans 300 miles, the region is also home to many of the UK's most beautiful blue-flag beaches, Carbis Bay, Great Western, and Trevone among them. Curious tots will be well served at the Eden Project and The Lost Gardens of Heligan, while bike rides along the Camel Estuary offer the most exquisite scenery.

STAY: Sands Resort in Newquay benefits from superb sea views, fab facilities and an unmatched family atmosphere, plus a crèche and free baby gear hire. sandsresort.co.uk